



DEPARTMENT OF THE ARMY
UNITED STATES MILITARY ACADEMY
WEST POINT, NEW YORK 10996

February 2, 2000

REPLY TO
ATTENTION OF

Center for Enhanced Performance

Mr. Tom Muzila
12692 Assott St.
Garden Grove, California 92841-4902

Dear Mr. Muzila:

Thank you for your informative presentation at the Center for Enhanced Performance on January 14, 2000. Our staff enjoyed and benefited from the information you provided on self-regulation and mental preparation. Since your visit, we have been busy integrating many of your techniques into the protocols we use to train cadets. Your willingness to have the sessions videotaped and the relaxed atmosphere you created made for very useful professional development experience.

Our Center prides itself on providing world-class applied sport psychology training and constantly looks for useful information to ensure that our training remains cutting edge. Your contribution to this mission is greatly appreciated and will have significant impact on future Army leaders. Thank you again and I hope we can work with you again in the future.

Sincerely,

A handwritten signature in cursive script that reads "Larry D. Perkins".

Larry D. Perkins
Lieutenant Colonel, U.S. Army
Director